



Nelson Hospital

ACE Presentation 2026

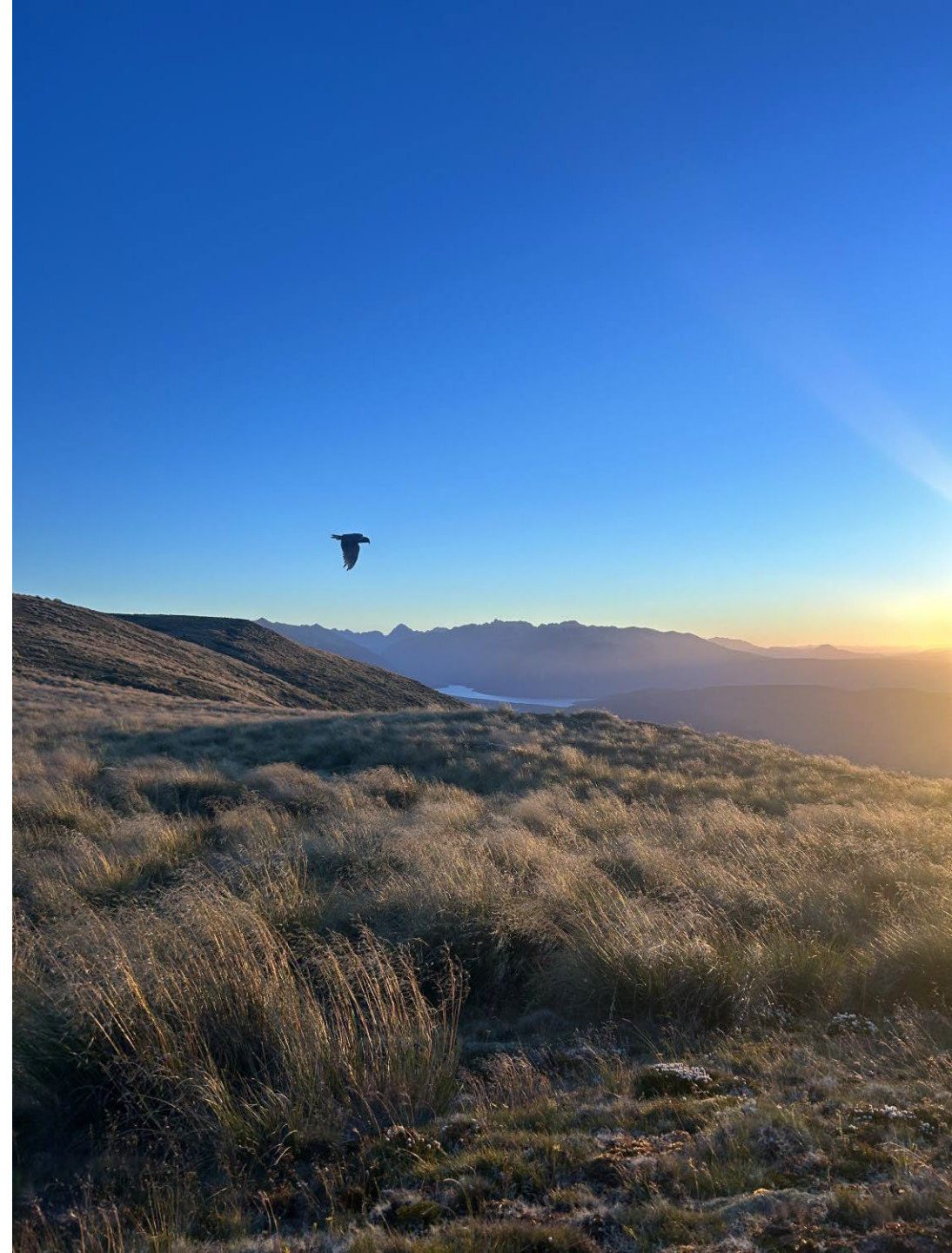
Introduction Video

- <https://www.youtube.com/watch?v=VXWFyqsK-1M>

Kia ora!

- Jackie Hazelhurst, PGY1
- Annelies Bardoul, PGY1

- Loretta Matheson, RMO Lead



NMDHB

- Includes both Nelson and Wairau Hospitals
- 184 beds
- Population of 53,000, services a population of over 100,000
- Teaching Hospital
- New hospital building in the works



Our Values

- **Manaakitanga – Respect:** We care about and will be responsive to the needs of our diverse people, communities and staff. *Kia horahia te Manaakitanga ki ngā iwi katoa me ngā hāpori, kaimahi hoki.*
- **Auaha – Innovation:** We will provide an environment where people can challenge current processes and generate new ways of working and learning. *Kia auaha me whakahoutia i ngā pūkenga ākongā, me ngā mahi ki tēnei hāpori.*
- **Whakarāmemene – Teamwork:** We create an environment where teams flourish and connect across the organisation for the best possible outcome. *Kia whakarāmemene i ngā kaupupuni hauora katoa.*
- **Ngākau Tapatahi – Integrity:** we support an environment which expects openness and honesty in all our dealings and maintains the highest integrity at all times. *Kia taea i te ngākau tapatahi i runga te tika me te pono i ngā mahi katoa.*

RMO Information

- 13 PGY1 Positions available
- 46 HO's total, 32 Registrars
- PGY1 Runs: General Medicine, General Surgery, Urology/ENT, Vascular, Gynae/Ophthalm, Ortho, Cardiology, AT&R, Psych
- PGY2 Runs: Community (Hospice, GP, Psychiatry, Urgent Care), ED (6 months), Psychiatry, Psychogeriatrics, O&G, Paediatrics, Relief.
- Pay Scales: Category D

Rostering/Extras

- Shift flexibility
 - Can request weekends off in advance
 - Swapping shifts
- 3 weekends each run
- 1 long day each week
 - No long day either side of a weekend (7 long days per run)
 - 1-2 house officers on Med/Surg long day + 1 on OG/Paed
- Start nights after 9 months
- Admission shifts

House Officer Teaching

- Wednesday 12.00 – 13.30
- Thursday 12.00 – 13.00

- Grand Round Tuesday 12.30

- CORE/ACLS + Neonatal resus course
- PROMPT, Simulation training, Shared goals of care

Working as a PGY1 in Nelson

- <https://www.youtube.com/watch?v=CDcsfzRRllc>

Why we love working in Nelson

- Great work life balance
- Everyone knows everyone / tight-knit group of PGY1s
- Learning opportunities / hands on learning
- Supportive environment (never feel worried about calling a senior)
- Lovely patients
- Easy to get to work
- Free barista coffee :p

Limitations of working in Nelson

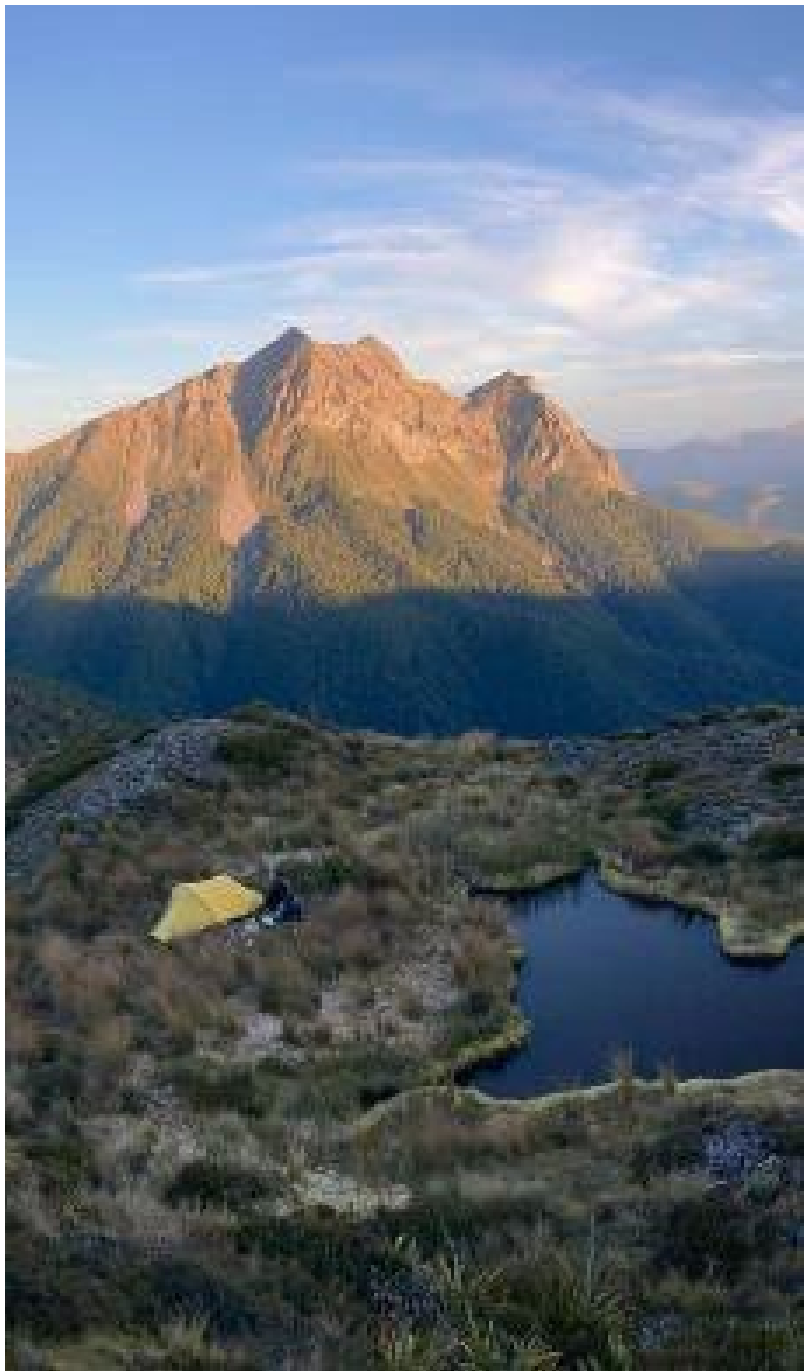
- Smaller Māori and Pacific Island demographic – in general much less diverse region compared with others places in NZ
- Certain specialties not available
- Minimal nightlife / small town lifestyle
- Can be difficult to find accommodation/rentals

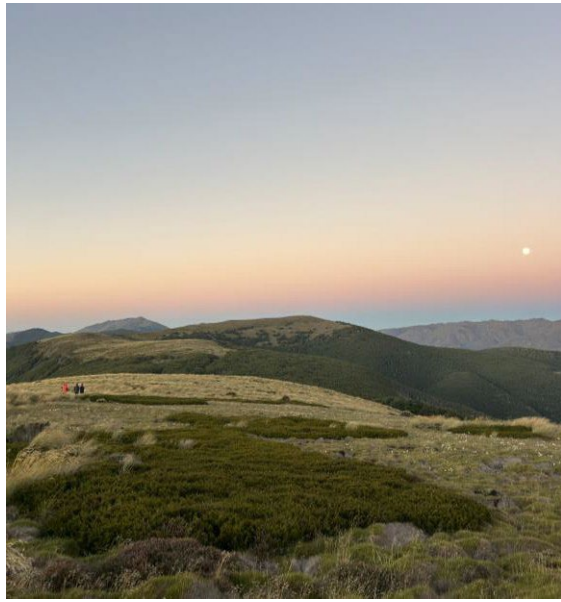
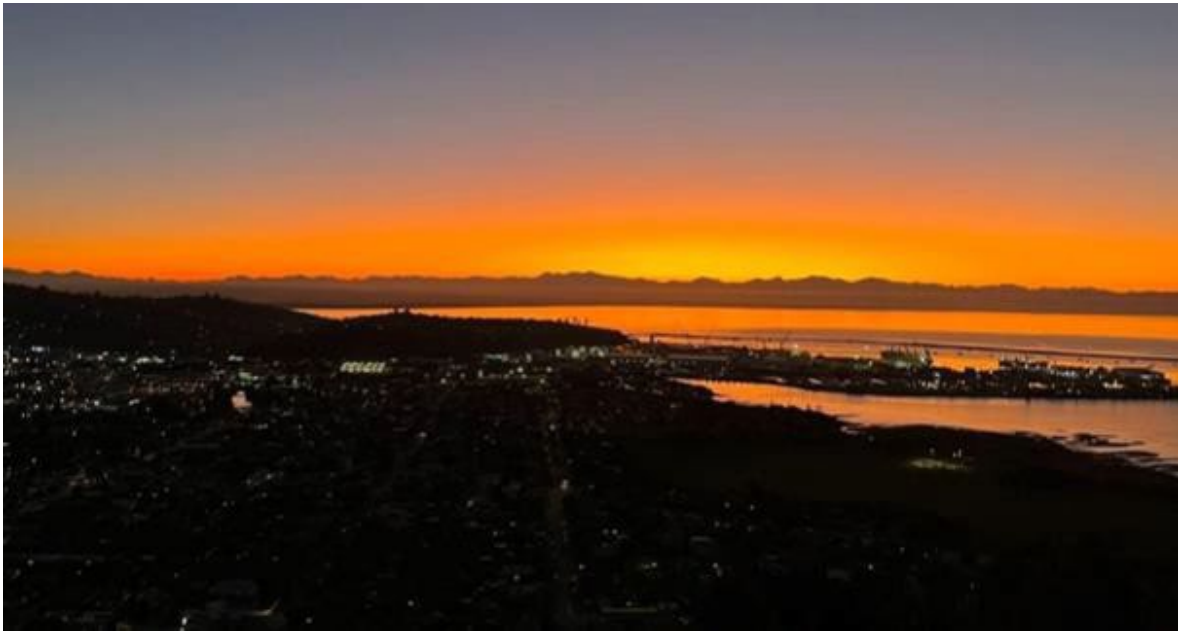
Extra curriculars!

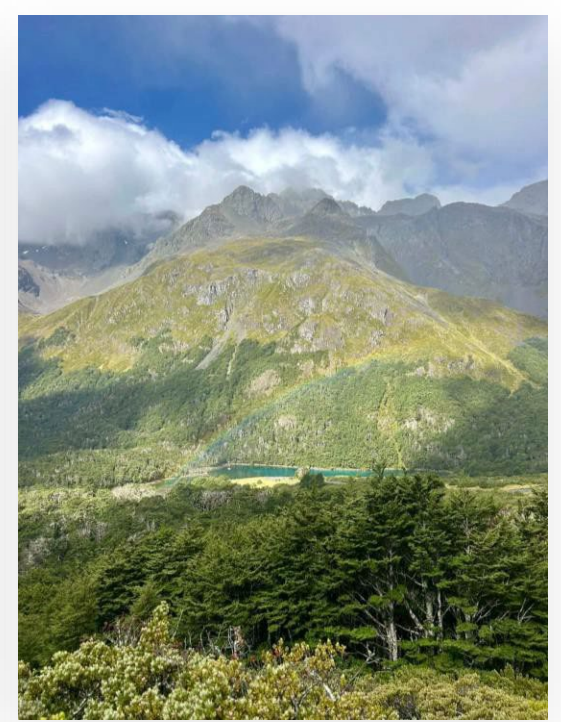
- Free House / Dog's Bone
- Hospital Ball
- Pizza Night @ Ros's
- Social Sport
- Maitai & Cable Bay Sauna
- Onsite Gym w/ pool
- Tramping/MTB-ing/running
- Markets, pottery, wineries, restaurants

ACE Applications

- Mandatory Nelson Specific cover letter
- Strongly encouraged to come and visit – email Loretta to organise
- References, ACE Scoring and CV all considered
- Connection to Nelson, whānau and friends in the region
- Being a team player, personable and respectful – all important qualities!







Get in touch!

- Annelies – annelies.bardoul@nmdhb.govt.nz
- Jackie – jackie.hazelhurst@nmdhb.govt.nz
- Loretta – loretta.matheson@nmdhb.govt.nz